

1418288 - ultraSPORTS Gel Cola + Caffeine 41g

Sales description

Dietary supplement. Flavour: Cola

Ingredients

Maltodextrin, water, fructose, L-leucine (1,4%), L-arginine (1,0%), sodium citrate, natural flavouring, malic acid, L-glutamine (0,6%), sodium phosphate, table salt, rhodiola rosea extract (0,5%), green tea extract (0,4%), L-isoleucine (0,3%), L-valine (0,3%), guarana extract (0,3%), preservative (potassium sorbate), asparagus extract, L-ascorbic acid, emulsifier (**soy** lecithin), thiamin mononitrate

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1202	288	493	118
Fat [g]	0,03		0,01	
of which saturates [g]	0		0	
Carbohydrates [g]	66,1		27,1	
of which sugars [g]	26		10,7	
of which glucose [g]	4		1	
of which fructose [g]	23		9	
Fibre [g]	0,16		0,07	
Protein [g]	3,9		1,6	
of which BCAAs [g]	2		1	
Salt [g]	1,5		0,6	

Vitamins/minerals	per 100 g	%¹	per portion	%¹
Vitamin C [mg]	73		30	91
Thiamin (vitamin B1) [mg]	0,41		0,17	37
Sodium [g]	0,6		0,25	
Rhodiola Rosea [mg]	490		201	
of which rosavine [mg]	15		6	
Caffeine total[mg]	69		28	
Guarana extract[mg]	315		129	
of which caffeine [mg]	32		13	
Green tea extract[mg]	415		170	
of which caffeine [mg]	37		15	
Asparagus extract [mg]	110		45	
L-leucine [mg]	1500		615	
L-isoleucine [mg]	325		133	
L-valine [mg]	325		133	
L-arginine base [mg]	1000		410	
L-glutamine [mg]	637		261	

¹ Percentage of recommended daily allowance

Suggested usage

Consume 1 gel 5 minutes before sports. During intensive sports, consume 1 gel with some liquid every 20-45 minutes. Not recommended for children.

Gluten- and lactose-free.

1418297 - ultraSPORTS Gel Berry 41g

Sales description

Dietary supplement. Flavour: Berries

Ingredients

Maltodextrin, water, fructose, L-leucine (1,4%), L-arginine (1,0%), sodium citrate, acid (malic acid), L-glutamine (0,6%), sodium phosphate, table salt, rhodiola rosea extract (0,5%), L-isoleucine (0,3%), L-valine (0,3%), natural flavouring, preservative (potassium sorbate), asparagus extract, L-ascorbic acid, emulsifier (soy lecithin), thiamin mononitrate

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1202	288	493	118
Fat [g]	0,03		0,01	
of which saturates [g]	0,0			
Carbohydrates [g]	66,1		27,1	
of which sugars [g]	26,0		10,7	
of which glucose [g]	3,5		1,4	
of which fructose [g]	22,7		9,3	
Fibre [g]	0,16		0,07	
Protein [g]	3,9		1,6	
of which BCAAs	2,2		0,9	
Salt [g]	1,5		0,6	

Vitamins/minerals	per 100 g	% ¹	per portion	% ¹
Vitamin C [mg]	73		30	91
Thiamin (vitamin B1) [mg]	0,41		0,17	37
Sodium [g]	0,6		0,25	
Rhodiola Rosea [mg]	490		201	
Asparagus extract [mg]			0,00	
L-leucine [mg]	1500		615	
L-isoleucine [mg]	325		133	
L-valine [mg]	325		133	
L-arginine base [mg]	1000		410	
L-glutamine [mg]	637		261	

¹ Percentage of recommended daily allowance

Suggested usage

Consume 1 gel 5 minutes before sports. During intensive sports, consume 1 gel with some liquid every 20-45 minutes. 1 gel contains 28mg of natural caffeine. Not recommended for children and pregnant women. Store in a dry place under 25°C.

Gluten- and lactose-free.

More Info at rosebikes.com