

1448100 - High5 Energy Bar 60g Banana

Sales description

Muesli bar with fruits/banana flavour.

Ingredients

Oat, raisins 25 %, pineapple 20 % (pineapple, sugar, sulphite), banana 14 %, maltodextrin, humectant (vegetable glycerin), **oat** bran, sunflower oil, coconut oil, natural flavouring.

Nutritional information

| Nutritional information | per 100 g | | per serving or portion | |
|-------------------------|-----------|------|------------------------|------|
| | kJ | kcal | kJ | kcal |
| Energy | 1360 | 325 | 816 | 195 |
| Fat [g] | 4,3 | | 2,6 | |
| of which saturates [g] | 0,8 | | 0,5 | |
| Carbohydrates [g] | 66 | | 40 | |
| of which sugars [g] | 34 | | 20,4 | |
| Fibre [g] | | | | |
| Protein [g] | 4,3 | | 2,6 | |
| Salt [g] | 0,19 | | 0,11 | |

1448119 - High5 Energy Bar 60g Berry

Sales description

Muesli bar with fruits/berry flavour.

Ingredients

Dried fruits 57 % (raisins, sugar, cranberries, pineapple, apricots, apples, sulphite), **oat**, maltodextrin, humectant (vegetable glycerin), **oat** bran, sunflower oil, coconut oil, natural flavouring (strawberry, raspberry, blackcurrant).

Nutritional information

| Nutritional information | per 100 g | | per serving or portion | |
|-------------------------|-----------|------|------------------------|------|
| | kJ | kcal | kJ | kcal |
| Energy | 1360 | 325 | 816 | 195 |
| Fat [g] | 4,2 | | 2,5 | |
| of which saturates[g] | 0,8 | | 0,5 | |
| Carbohydrates [g] | 70 | | 42 | |
| of which sugars [g] | 39 | | 23,4 | |
| Fibre [g] | | | | |
| Protein [g] | 4,0 | | 2,4 | |
| Salt [g] | 0,10 | | 0,06 | |

1448128 - High5 Energy Bar 60g Coconut

Sales description

Muesli bar with fruits/coconut flavour.

Ingredients

Dried fruits 60% (raisins, sugar, coconut, pineapple, papaya, apple, banana, sunflower oil, sulphite), **oat**, maltodextrin, **oat** bran, humectant (vegetable glycerin), fruit juice (lemon).

Nutritional information

| Nutritional information | per 100 g | | per serving or portion | |
|-------------------------|-----------|------|------------------------|------|
| | kJ | kcal | kJ | kcal |
| Energy | 1486 | 355 | 892 | 213 |
| Fat [g] | 7,9 | | 4,7 | |
| of which saturates[g] | 5,7 | | 3,4 | |
| Carbohydrates [g] | 69 | | 41 | |
| of which sugars [g] | 35 | | 21,0 | |
| Fibre [g] | | | | |
| Protein [g] | 3,7 | | 2,2 | |
| Salt [g] | 0,18 | | 0,11 | |

1998483 - High5 Energy Bar 60g Peanut

Sales description

Bar with **peanuts** and fruits

Ingredients

Dried fruits 46% (raisins, dates, sunflower oil), peanuts 35 %, sunflower seed, humectant (vegetable glycerin), **oat** flakes, maltodextrin.

May contain date stones.

Nutritional information

| Nutritional information | per 100 g | | per serving or portion | |
|-------------------------|-----------|------|------------------------|------|
| | kJ | kcal | kJ | kcal |
| Energy | 1890 | 452 | 1134 | 271 |
| Fat [g] | 24 | | 14,4 | |
| of which saturates[g] | 4,3 | | 2,6 | |
| Carbohydrates [g] | 49 | | 29 | |
| of which sugars [g] | 32 | | 19,2 | |
| Fibre [g] | | | | |
| Protein [g] | 13,0 | | 7,8 | |
| Salt [g] | 0,02 | | 0,01 | |