

1777473 - EnergyOatSnack Bar Banana Bread

Sales description

Oat flake bar with dried bananas

Ingredients

Oat flakes (38%), invert sugar syrup, dried bananas (18%), margarine (palm oil, rapeseed oil, water, emulsifier: E471, colouring agents: annatto and curcumin, flavouring), **wheat** flour, **peanuts**, colouring agent: caramel colour, flavouring

Contains **wheat, gluten** and **peanuts**.

May contain traces of **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1564	373	1095	261
Fat [g]	13,9		9,7	
of which saturates [g]	4,7		3,3	
Carbohydrates [g]	53,8		37,7	
of which sugars [g]	20,7		14,5	
Fibre [g]	4,2		2,9	
Protein [g]	5,8		4,1	
Salt [g]	0,054		0,038	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian. Suitable for vegans

1777482 - EnergyOatSnack Bar Banana Chocolate

Sales description

Oat flake bar with banana/chocolate flavour

Ingredients

Oat flakes (45%), invert sugar syrup, cocoa-based coating (9%) (sugar, palm oil, cocoa powder, emulsifier sunflower lecithins), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), sugar glaze with banana flavour (1%) (sugar, palm oil, rapeseed oil, glucose syrup, water, skimmed milk powder, emulsifiers (E 471, sorbitan tristearate) colouring agents (lutein, titanium dioxide), salt, preservative potassium sorbate, flavouring), banana flavouring (0,7%), colouring agent lutein, citric acid

Contains **gluten** and **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1639	390	1065	254
Fat [g]	13,2		8,6	
of which saturates [g]	6,2		4,0	
Carbohydrates [g]	59,7		38,8	
of which sugars [g]	29,7		19,3	
Fibre [g]	4,8		3,1	
Protein [g]	5,7		3,7	
Salt [g]	0,4		0,26	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.
Vegetarian.

1777491 - EnergyOatSnack Bar Brazil Nut

Sales description

Oat flake bar with Brazil nuts.

Ingredients

Oat flakes (42%), invert sugar syrup, margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring) , cocoa-based coating (11%) (sugar, palm oil, cocoa powder, emulsifier sunflower lecithin), **Brazil nuts** (5%), citric acid.

Contains **gluten** and **Brazil nuts**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1773	423	1152	275
Fat [g]	16,5		10,7	
of which saturates [g]	8,8		5,7	
Carbohydrates [g]	59,5		38,7	
of which sugars [g]	28,2		18,3	
Fibre [g]	7,6		4,9	
Protein [g]	5,8		3,8	
Salt [g]	0,4		0,26	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian, suitable for vegans.

1777507 - EnergyOatSnack Bar Yoghurt

Sales description

Oat flake bar with yoghurt flavour

Ingredients

Oat flakes (46%), invert sugar syrup, coating with **yoghurt** flavour (11%) (sugar, palm oil, whey powder (**milk**), **whey** protein concentrate (**milk**), emulsifier **soy** lecithins, citric acid, flavouring (**milk**)), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), flavouring, citric acid

Contains **gluten**, **soy** and **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1687	401	1097	261
Fat [g]	12,9		8,4	
of which saturates [g]	5,8		3,8	
Carbohydrates [g]	64,0		41,6	
of which sugars [g]	30,2		19,3	
Fibre [g]	6,4		4,2	
Protein [g]	4,1		2,7	
Salt [g]	0,4		0,26	

Store in a cool, dry place.

Vegetarian.

1777516 - EnergyOatSnack Bar Yoghurt Strawberry

Sales description

Oat flake bar with yoghurt strawberry flavour.

Ingredients

Oat flakes (40%), invert sugar syrup, strawberry preparation (13%) (glucose fructose syrup, strawberries, gelling agent pectin, citric acid, colouring agent anthocyanins, preservative potassium sorbate, acidity regulator sodium citrate), coating with yoghurt flavour (9%) (sugar, palm oil, **whey** powder (**milk**), **whey** protein concentrate (milk), emulsifier **soy lecithin**, citric acid, flavouring (**milk**)), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), flavouring, citric acid

Contains **gluten**, **soy** and **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1729	395	1124	267
Fat [g]	13,9		9,0	
of which saturates [g]	8,6		5,6	
Carbohydrates [g]	64,0		41,6	
of which sugars [g]	35,7		23,2	
Fibre [g]	5,5		3,6	
Protein [g]	4,9		3,2	
Salt [g]	0,4		0,26	

Store in a cool, dry place.

Vegetarian.

1777525 - EnergyOatSnack Bar Yoghurt Lemon

Sales description

Oat flake bar with Yoghurt Lemon flavour

Ingredients

Oat flakes (48%), invert sugar syrup, coating with yoghurt flavour (11%) (sugar, palm oil, **whey** powder (**milk**), **whey** protein concentrate (**milk**), emulsifier **soy** lecithin, citric acid, flavouring (**milk**), colouring agent lutein), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), lemon flavour (1%), citric acid

Contains **gluten**, **soy** and **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1659	395	1078	257
Fat [g]	13,5		8,8	
of which saturates [g]	6,7		4,4	
Carbohydrates [g]	60,5		39,9	
of which sugars [g]	28,2		18,3	
Fibre [g]	5,1		3,4	
Protein [g]	6,2		4,0	
Salt [g]	0,4		0,26	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian.

1777534 - EnergyOatSnack Bar Cherry Coconut

Sales description

Oat flake bar with Cherry Coconut flavour

Ingredients

Oat flakes (45%), invert sugar syrup, candied cherries (9%) (cherries, glucose fructose syrup, sugar, colouring agent anthocyanins, citric acid, preservative **sulphur dioxide**), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), coconut flakes (1%), flavouring, citric acid.

Contains **gluten** and **sulphur dioxide**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1585	377	1030	245
Fat [g]	12,6		8,2	
of which saturates [g]	5,5		3,6	
Carbohydrates [g]	58,5		38,0	
of which sugars [g]	33,6		21,8	
Fibre [g]	4,8		3,1	
Protein [g]	5,1		3,3	
Salt [g]	0,5		0,33	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian, suitable for vegans.

1777543 - EnergyOatSnack Bar Latte Macchiato

Sales description

Oat flake bar with Latte Macchiato flavour

Ingredients

Oat flakes (46%), invert sugar syrup, coating with vanilla flavour (9%) (sugar, palm oil, **whey** powder (**milk**), **whey** protein concentrate (**milk**), emulsifier **soy** lecithin, citric acid, flavouring (**milk**)), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), flavouring, low-fat cocoa powder, citric acid

Contains **gluten**, **soy** and **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1725	410	1121	267
Fat [g]	14,0		9,1	
of which saturates [g]	8,5		5,3	
Carbohydrates [g]	63,6		41,3	
of which sugars [g]	36,4		23,7	
Fibre [g]	4,2		2,7	
Protein [g]	5,3		3,5	
Salt [g]	0,54		0,26	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.
Vegetarian.

1777552 - EnergyOatSnack Bar Chocolate

Sales description

Oat flake bar with chocolate flavour.

Ingredients

Oat flakes (48%), invert sugar syrup, cocoa-based coating (9 %) (sugar, palm oil, cocoa powder, emulsifier sunflower lecithins), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), flavouring, citric acid

Contains **gluten**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1703	406	1065	254
Fat [g]	15,1		9,8	
of which saturates [g]	8,3		5,4	
Carbohydrates [g]	58,8		38,2	
of which sugars [g]	28,0		18,2	
Fibre [g]	4,9		3,2	
Protein [g]	6,2		4,0	
Salt [g]	0,4		0,26	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian, suitable for vegans.

1777561 - EnergyOatSnack Bar Chocolate/Orange

Sales description

Oat flake bar with Chocolate Orange flavour.

Ingredients

Oat flakes (43%), invert sugar syrup, cocoa-based coating (8 %) (sugar, palm oil, cocoa powder, emulsifier sunflower lecithin), fruit preparation with orange flavour (8%) (fruits (concentrated apple puree, concentrated orange juice), glucose fructose syrup, humectant glycerol, **wheat fibres**, sugar, palm oil, rice starch, gelling agent pectin, citric acid, flavouring, antioxidant: ascorbic acid, colouring agent curcumin), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), flavouring, citric acid

Contains **wheat** and **gluten**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1762	419	1145	272
Fat [g]	14,2		9,2	
of which saturates [g]	7,6		4,9	
Carbohydrates [g]	64,2		41,7	
of which sugars [g]	30,9		20,1	
Fibre [g]	5,7		3,7	
Protein [g]	5,8		3,8	
Salt [g]	0,2		0,13	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian, suitable for vegans.

1777570 - EnergyOatSnack Bar Vanilla

Sales description

Oat flake bar with vanilla flavour.

Ingredients

Oat flakes (46%), invert sugar syrup, coating with vanilla flavour (9%) (sugar, palm oil, whey powder (**milk**), **whey** protein concentrate (**milk**), emulsifier **soy** lecithin, citric acid, flavouring (**milk**)), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), flavouring, citric acid

Contains **gluten**, **soy** and **milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1684	401	1095	261
Fat [g]	14,9		9,7	
of which saturates [g]	6,2		4,0	
Carbohydrates [g]	58,4		38,0	
of which sugars [g]	29,0		18,9	
Fibre [g]	5,0		3,3	
Protein [g]	5,9		3,8	
Salt [g]	0,5		0,33	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian.

1777589 - EnergyOatSnack Bar Vanilla Apple Cinnamon

Sales description

Oat flake bar with Vanilla Apple Cinnamon flavour.

Ingredients

Oat flakes (46%), invert sugar syrup, coating with vanilla flavour (9%) (sugar, palm oil, **whey** powder (**milk**), **whey** protein concentrate (**milk**), emulsifier **soy** lecithin, citric acid, flavouring (**milk**)), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), apple preparation (5%) (concentrated apple puree, concentrated lemon juice, glucose fructose syrup, sugar, **wheat fibres**, palm oil, rice starch, citric acid, gelling agent pectin, flavouring), flavouring, cinnamon, citric acid

Contains **wheat, gluten, soy and milk**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1764	399	1089	259
Fat [g]	13,3		8,6	
of which saturates [g]	7,5		4,9	
Carbohydrates [g]	61,9		40,2	
of which sugars [g]	36,1		23,5	
Fibre [g]	5,8		3,8	
Protein [g]	5,0		3,3	
Salt [g]	0,5		0,33	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Store in a cool, dry place.

Vegetarian.

2178341 - EnergyOatSnack bar Currant

Sales description

Oat bar with blackcurrants

Ingredients

Oat flakes (49%), invert sugar solution, blackcurrant preparation (9%) (glucose-fructose syrup, blackcurrants, gelling agent pectin, acidity regulators (sodium citrate, citric acid), natural blackcurrant flavour), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), freeze-dried blackcurrants (1%), flavouring, acidity regulator citric acid

Contains gluten

Nutritional information

Nutritional information	per 100 g		per serving or portion (65g bar)	
	kJ	kcal	kJ	kcal
Energy	1773	423	1152	275
Fat [g]	10,1		6,6	
of which saturates [g]	2,9		1,9	
Carbohydrates [g]	65,8		42,8	
of which sugars [g]	32,2		20,9	
Fibre [g]	5,0		3,3	
Protein [g]	5,4		3,5	
Salt [g]	0,2		0,13	

Store in a cool, dry place.

Vegetarian, suitable for vegetarians

2178350 - EnergyOatSnack bar caramel coconut cream

Sales description

Oat bar with vanilla-caramel-coconut flavour

Ingredients

Oat flakes (37%), invert sugar solution, coating with vanilla flavour (11%) (sugar, palm oil, whey powder (**milk**), whey protein concentrate (**milk**), emulsifier **soya lecithin**, acidity regulator citric acid, flavouring (**milk**)), margarine (palm oil, rapeseed oil, water, salt, emulsifier E 471, colouring agents (annatto, curcumin), flavouring), caramel (6%) (**condensed milk**, glucose syrup, palm oil, rapeseed oil, caramelised syrup, sugar, emulsifier E471, salt, flavouring), coconut palm rasps (2,7%) (**sodium metabisulphite**), **Brazil nut** (1,6%), **hazelnut** (1,6%), flavouring, acidity regulator citric acid

Contains gluten, soy, milk, nuts and sulphites

Nutritional information

Nutritional information	per 100 g		per serving or portion (65g bar)	
	kJ	kcal	kJ	kcal
Energy	1857	443	1065	254
Fat [g]	19,4		12,6	
of which saturates [g]	9,5		6,2	
Carbohydrates [g]	58,8		38,2	
of which sugars [g]	31,7		20,6	
Fibre [g]	4,9		3,2	
Protein [g]	5,9		3,8	
Salt [g]	0,24		0,16	

Store in a cool, dry place.

Vegetarian