

1822409 – ultraSPORTS Drink Powder AddOn Amino Lemon 360g

Sales description

Dietary supplement for athletes. Flavour: Citrus

Ingredients

Arginine, de-oiled **almond** powder, citric acid, flavouring, vitamin C, vitamin E acetate, vitamin B6 hydrochloride.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1594	381	192	45,9
Fat [g]	1,90		0,2	
of which saturates [g]			0,8	
Carbohydrates [g]	6,70		0,8	
of which sugars [g]			10,7	
Fibre [g]			1,4	
Protein [g]	63,10		7,6	
Salt [g]				

Vitamins/minerals	per 100 g	% ¹	per portion	% ¹
Vitamin E [mg]	250,0		30,0	250
Vitamin C [mg]	833,0		100	125
Vitamin B6 [mg]	83,0		10,0	714
Arginine	50,0 g		6000 mg	
Aspartic acid	0,8 g		100,0 mg	
Glycine	5,0 g		600,0 mg	
Leucine	0,5 g		60,0 mg	
Isoleucine	0,3 g		40,0 mg	
Valine	0,3 g		40,0 mg	
Lysine	0,2 g		20,0 mg	
Phenylalanine	0,3 g		40,0 mg	
Threonine	0,2 g		20,0 mg	
Tyrosine	0,2 g		20,0 mg	
Glutamine / glutamic acid	2,0 g		240,0 mg	
Serine	0,2 g		20,0 mg	
Histidine	2,0 g		200,0 mg	
Proline	0,3 g		40,0 mg	

¹ Percentage of recommended daily allowance

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Suggested usage

To support recovery: Stir one portion of AddOn Amino (0,5 measuring spoons = 12 g) into 500 ml of Refresher or 200 ml of Level X directly after sports. In times of high physical strain due to tough training and competitions, you should consume AddOn Amino throughout the whole season. For less intensive exercises, you can consume it for 2 weeks before the season's highlight.

Gluten-free and lactose-free.