

1906136 - PowerBar Gel Power Gel Vanilla 41g

Sales description

Food supplement. Carbohydrate gel with sodium – vanilla flavour

Ingredients

Maltodextrin, water, fructose, sodium chloride, flavouring, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate).

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1105	260	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65		26,7	
of which sugars [g]	24		9,8	
Fibre [g]			2,1	
Protein [g]	< 1		< 0,4	
Salt [g]				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	500		205	

¹Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)

1906172 – PowerBar Gel Power Gel Red Fruit Punch 41g

Sales description

Food supplement. Carbohydrate gel with concentrated fruit juice and sodium. Raspberry-pomegranate flavour

Ingredients

Concentrated fruit juice (40,9%) (apple, pomegranate 4%, raspberry 4%), maltodextrin, water, fructose, sodium citrate, sodium chloride, preservatives (sodium benzoate, potassium sorbate), flavouring.

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1108	261	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65,2		26,7	
of which sugars [g]	35,5		14,6	
Fibre [g]			1,9	
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				
Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	740		303	

¹ Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

1906109 - PowerBar Gel Power Gel Green Apple + Caffeine 41g

Sales description

Food supplement. Carbohydrate gel with sodium and guarana extract. – green apple flavour

Ingredients

Maltodextrin, water, fructose, guarana extract (1,2%), sodium chloride, flavouring, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate).

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1105	260	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65		26,7	
of which sugars [g]	24		9,8	
Fibre [g]			1,9	
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	500		205	
Caffeine [mg]	122		50	

¹ Percentage of recommended daily allowance

Suggested usage

- During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- We recommend to consume some fluid with every sachet.
- For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)

1906118 - PowerBar Gel Power Gel Strawberry-Banana 41g

Sales description

Food supplement. Carbohydrate gel with sodium – strawberry-banana flavour

Ingredients

Maltodextrin, water, fructose, sodium chloride, sodium citrate, acid (citric acid), flavouring, preservatives (sodium benzoate, potassium sorbate).

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1105	260	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65		26,7	
of which sugars [g]	24		9,8	
Fibre [g]			0,8	
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	500		205	

¹ Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)

1906127 - PowerBar Gel Power Gel Lemon-Lime 41g

Sales description

Food supplement. Carbohydrate gel with sodium – lemon flavour

Ingredients

Maltodextrin, water, fructose, sodium chloride, sodium citrate, acid (citric acid), flavouring, preservatives (sodium benzoate, potassium sorbate).

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1105	260	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65		26,7	
of which sugars [g]	24		9,8	
Fibre [g]				
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	500		205	

¹Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)

1906145 - PowerBar Gel Power Gel Tropical Fruit 41g

Sales description

Food supplement. Carbohydrate gel with sodium – tropical fruit flavour

Ingredients

Maltodextrin, water, fructose, sodium chloride, flavourings, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate).

May contain traces of **milk, eggs, celery and mustard**.

* related to the fruit preparation.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1105	260	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65		26,7	
of which sugars [g]	24		9,8	
Fibre [g]			1,1	
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	500		205	

¹ Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)

1906154 - PowerBar Gel Power Gel Black Currant + Caffeine 41g

Sales description

Food supplement. Carbohydrate gel with sodium and guarana extract. – black currant flavour

Ingredients

Maltodextrin, water, fructose, guarana extract (1,2%), sodium chloride, sodium citrate, acid (citric acid), preservatives (sodium benzoate, potassium sorbate), flavouring.

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1105	260	454	107
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65		26,7	
of which sugars [g]	24		9,8	
Fibre [g]			1,1	
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	500		205	
Caffeine [mg]	122		50	

¹Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)

1906163 - PowerBar Gel Power Gel Mango-Passionfruit + Guarana 41g

Sales description

Food supplement. Carbohydrate gel with concentrated fruit juice, caffeine and sodium. Mango-passion fruit flavour

Ingredients

Concentrated fruit juice (31%) (apple, mango 5%, passion fruit 1%), maltodextrin, water, fructose, dried glucose syrup, sodium citrate, sodium chloride, guarana extract, acid (citric acid), flavourings, preservatives (sodium benzoate, potassium sorbate), caffeine (0,06%).

May contain traces of **milk, eggs, celery and mustard**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1117	263	457	108
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	65,7		26,9	
of which sugars [g]	34		13,9	
Fibre [g]			1,1	
Protein [g]	< 1		< 0,4	
Salt [g] Natrium				

Vitamins/minerals	per 100 g	% ¹	per serving or portion	% ¹
Sodium [mg]	740		303	
Caffeine [mg]	122		50	

¹Percentage of recommended daily allowance

Suggested usage

- ▶ During endurance sports, we recommend to consume up to 90g carbohydrates per hour depending on the intensity and duration. 1 POWERGEL ORIGINAL delivers approx. 27 g carbohydrates.
- ▶ We recommend to consume some fluid with every sachet.
- ▶ For flavours without caffeine: Consume 1-2 sachets per day (for flavours with caffeine: 1 sachet/day) during sports.
- ▶ Food supplements are not intended to replace a varied and balanced diet and a healthy way of living. Do not exceed the recommended daily intake. Keep out of reach of young children.
- ▶ For flavours with caffeine: Contains caffeine (50 mg/sachet). Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

More Info at [rosebikes.com](https://www.rosebikes.com)