

# 552837 — SaltStick salt/mineral caps PLUS, with caffeine, 110g 100 pieces

#### Ingredients

Sodium citrate (salt), hydroxypropyl methylcellulose (vegetarian capsules), potassium citrate, potassium chloride, magnesium citrate, calcium chloride, caffeine, calcium gluconate, magnesium gluconate, E 641 (L-Leucine), E 141 (chlorophyllin copper complex), cholecalciferol (vitamin D3).

### **Nutritional information**

Nutritional information	per	100 g	per serving or portion	
Energy	kJ	kcal	kJ	kcal
Fat [g]				
of which saturates [g]				
Carbohydrates [g]				
of which sugars [g]				
Fibre [g]				
Protein [g]				
Salt [mg]	73	636	8	10

Vitamins/Minerals	per 100 g	% <sup>1</sup>	per serving or portion	%1
Vitamin D [µg]	227		2,5	
Potassium [mg]	4818		53	
Calcium [mg]	1273		14	
Magnesium [mg]	636		7	
Sodium [mg]	17273		190	

<sup>1</sup> percentage of recommended daily allowance

#### Suggested usage

During prolonged physical activity, take one capsule with water every 20-60 minutes. The capsule can also be dissolved in water. For very intense physical activity, take up to 15 capsules daily.

## NOTE

#### Dietary food – only for use during physical activity with strong sweat loss.

#### Caution

Do not exceed the recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this dietary supplement.

Keep out of the reach of children.