

2102834 - Isostar Drink Powder Hydrate & Perform Fresh (Grapefruit) 400g

Ingredients

Saccharose, glucose syrup, citric acid, sodium citrate, maltodextrin, calcium phosphate, natural flavouring, magnesium carbonate, sodium chloride, potassium chloride, antioxidant ascorbic acid, vitamin B1.

Nutritional information	per 100 g		per portion (40 g) 500 ml	
	kJ	kcal	kJ	kcal
Energy	1586	373	631	148
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	88		35	
of which sugars [g]	70		28	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	2,0		0,80	
Vitamins/minerals	per 100 g	% ¹	per portion (40 g) 500 ml	% ¹
Thiamin (vitamin B1) [mg]	0,58	53	0,23	21
Calcium [mg]	400	50	160	20
Magnesium [mg]	155	41	62	17
Sodium [g]	0,80		0,32	

¹Percentage of recommended daily allowance

Energy per 100 ml of finished product: 126 kJ / 30kcal

Suggested usage

We recommend to drink Isostar Hydrate & Perform during warm-up (150 ml to 300 ml) and during as well as after exercise or competition (approx. 150 ml every ¼ hour). Preparation: Dissolve 3 measuring spoons in 500 ml of water (1 measuring spoon corresponds to one heaped tablespoon).

2102843 - Isostar Drink Powder Hydrate & Perform Orange 400g

Ingredients

Saccharose, glucose syrup, citric acid, sodium citrate, maltodextrin, natural orange flavouring and other natural flavourings, calcium phosphate, magnesium carbonate, sodium chloride, potassium chloride, antioxidant ascorbic acid, colouring agent beta carotene, vitamin B1.

Nutritional information	per 100 g		per portion (40 g) 500 ml	
	kJ	kcal	kJ	kcal
Energy	1586	373	631	148
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	88		35	
of which sugars [g]	70		28	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	2,0		0,80	
Vitamins/minerals	per 100 g	% ¹	per portion (40 g) 500 ml	% ¹
Thiamin (vitamin B1) [mg]	0,58	53	0,23	21
Calcium [mg]	400	50	160	20
Magnesium [mg]	155	41	62	17
Sodium [g]	0,80		0,32	

¹Percentage of recommended daily allowance

Energy per 100 ml of finished product: 126 kJ / 30kcal

Suggested usage

We recommend to drink Isostar Hydrate & Perform during warm-up (150 ml to 300 ml) and during as well as after exercise or competition (approx. 150 ml every ¼ hour). Preparation: Dissolve 3 measuring spoons in 500 ml of water (1 measuring spoon corresponds to one heaped tablespoon).

2102852 - Isostar Drink Powder Hydrate & Perform Lemon 400g

Ingredients

Saccharose, glucose syrup, citric acid, sodium citrate, maltodextrin, calcium phosphate, natural lemon flavouring and other natural flavourings, magnesium carbonate, sodium chloride, potassium chloride, antioxidant ascorbic acid, colouring agent beta carotene, vitamin B1.

Nutritional information	per 100 g		per portion (40 g) 500 ml	
	kJ	kcal	kJ	kcal
Energy	1586	373	631	148
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	88		35	
of which sugars [g]	70		28	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	2,0		0,80	
Vitamins/minerals				
Vitamins/minerals	per 100 g	% ¹	per portion (40 g) 500 ml	% ¹
Calcium [mg]	0,58	53	0,23	21
Magnesium [mg]	400	50	160	20
Sodium [g]	155	41	62	17
Natrium [g]	0,80		0,32	

¹Percentage of recommended daily allowance

Energy per 100 ml of finished product: 126 kJ / 30kcal

Suggested usage

We recommend to drink Isostar Hydrate & Perform during warm-up (150 ml to 300 ml) and during as well as after exercise or competition (approx. 150 ml every ¼ hour). Preparation: Dissolve 3 measuring spoons in 500 ml of water (1 measuring spoon corresponds to one heaped tablespoon).

2226329 - Isostar Drink Powder Hydrate & Perform Cranberry & Red Fruits 400g

Ingredients

Saccharose, glucose syrup, maltodextrin, dextrose, acidifier: citric acid, sodium citrate, magnesium carbonate, natural flavouring, sodium chloride, colouring agent: beet red, vitamin C, E, B1, mineral zinc sulphate. Contains sodium

Nutritional information	per 100 g		per portion (40 g) 500 ml	
	kJ	kcal	kJ	kcal
Energy	1649	388	663	156
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	97		39	
of which sugars [g]	63		25	
Protein [g]	0		0	
Salt [g]	1,5		0,6	

Vitamins/minerals	per	% ¹	per portion	% ¹
	100 g		(40 g) 500 ml	
Vitamin E [mg]	12	100	4,8	40
Vitamin C [mg]	97	121	39	49
Thiamin (vitamin B1) [mg]	1,1	100	0,44	40
Magnesium [mg]	362	97	145	39
Zinc [mg]	9,9	99	4,0	40
Sodium [g]	0,6		0,24	

¹Percentage of recommended daily allowance

Suggested usage

We recommend to drink Isostar Hydrate & Perform during warm-up (150 ml to 300 ml) and during as well as after exercise or competition (approx. 150 ml every ¼ hour). Preparation: Dissolve 3 measuring spoons in 500 ml of water (1 measuring spoon corresponds to one heaped tablespoon).