

## 2102959 - Isostar Bar High Energy Chocolate 35g

### Ingredients

**Milk** chocolate glaze 25% (sugar, cocoa butter, skimmed milk powder, **whey**, cocoa mass, **milk** fat, emulsifier: **soy** lecithin, natural flavouring), glucose syrup, cereal extrudate (rice flour, **wheat** flour 5,7%, brown cane sugar, **wheat** malt, **wheat** protein, salt), **oat** flakes, invert sugar syrup, stabiliser: glycerol, rapeseed oil, puffed rice, fat-reduced cocoa powder, sea salt, flavouring, emulsifier: rapeseed lecithin, vitamin B1, B2, B6, C, niacin, E (**lactose**, **milk** protein). Contains sodium.

### Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1742	414	619	149
Fat [g]	12		4,2	
of which saturates [g]	6		2,1	
Carbohydrates [g]	70		25	
of which sugars [g]	32		11	
Fibre [g]				
Protein [g]	6,2		2,2	
Salt [g]	0,58		0,2	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin E [mg]	7	58	2,5	21
Vitamin C [mg]	105	128	36	45
Thiamin (vitamin B1) [mg]	0,94	85	0,33	30
Riboflavin (vitamin B2) [mg]	1,1	79	0,39	28
Niacin [mg]	11	69	3,9	24
Vitamin B6 [mg]	1,1	79	0,39	28
Sodium [g]	0,23		0,08	

<sup>1</sup>Percentage of recommended daily allowance

### Suggested usage

Ideal for before or during sports, especially for moderately and highly intensive workouts. We recommend to consume 1 bar per day.

## 2102968 - Isostar Bar High Energy Multifruits 40g

### Ingredients

Glaze (sugar, vegetable oils, skimmed **milk** powder, **whey** solids, emulsifier **soy** lecithin), **oat** flakes, cereal extrudate (rice and **wheat** flour, cane sugar, malt, **wheat** gluten, salt), glucose syrup, candied orange peel 10,5% (orange peel, glucose syrup, sugar, citric acid), invert sugar syrup, glucose, puffed rice, apple pieces 3,1%, vegetable fat, stabilising sorbitol and glycerol, flavouring, pineapple flakes 1,3% (pineapple, maize starch, sugar), citric acid, salt, emulsifier soy and rapeseed lecithin, vitamin C, vitamin E (**lactose**, **milk** protein), niacin, vitamin B6, vitamin B1, vitamin B2, preservative: sulphur dioxide.

### Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1662	394	669	159
Fat [g]	9,4		3,8	
of which saturates [g]	6,6		2,6	
Carbohydrates [g]	72		29	
of which sugars [g]	35		14	
Fibre [g]				
Protein [g]	4,8		1,9	
Salt [g]	0,54		0,22	
Vitamin E [mg]	per 100 g	% <sup>1</sup>	per serving or portion	% <sup>1</sup>
Vitamin E [mg]	5,9	49	2,4	20
Vitamin C [mg]	50	63	20	25
Thiamin (vitamin B1) [mg]	1,0	91	0,40	36
Riboflavin (vitamin B2) [mg]	0,78	56	0,31	22
Niacin [mg]	8,8	55	3,5	22
Vitamin B6 [mg]	1,2	86	0,48	34
Sodium [g]	0,22		0,09	

<sup>1</sup>Percentage of recommended daily allowance

### Suggested usage

Ideal for before or during sports, especially for moderately and highly intensive workouts. We recommend to consume 1 bar per day.

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