

## 2138431 – PowerBar Natural Protein Blueberry Nuts 40g

### Sales description

Protein bar for athletes with peanuts, almonds, candied cranberries and blueberries

### Ingredients

**Soy** crips (23,5 %) (isolated **soy** protein\*, starch\*, salt), glucose fructose syrup\*, roasted peanuts\* (10,9 %), maltodextrin\*, **soy** beans\* (7,2 %), pea protein\* (6,3 %), vegetable fat\*, candied cranberries\* (5,4 %) (sugar\*, cranberries\*, rice flour\*, sunflower oil\*), fructose, roasted **almonds**\* (4 %), candied blueberries\* (3,4 %) (blueberries\*, sugar\*, rice flour\*, sunflower oil\*) humectant (glycerol\*), natural flavours\*, acidifier (citric acid\*), salt, vanilla extract\*, emulsifier (**soya** lecithin\*).

\* natural ingredient.

May contain traces of **other nuts** and **gluten**.

### Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1771	422	708	169
Fat [g]	16		6,4	
of which saturates [g]	4,5		1,8	
Carbohydrates [g]	37		15	
of which sugars [g]	22		8,6	
Fibre [g]				
Protein [g]	31		12	
Salt [g]	0,76		0,30	
Vitamins/Minerals	per 100 g		per serving or portion	
Lactose [g]	< 0,1		< 0,1	

Store in a cool, dry place.

### Suggested usage

- ▶ 1 bar anytime as a protein-rich snack
- ▶ 1 bar directly after sports
- ▶ As part of a varied and balanced diet and a healthy lifestyle. 1 – 5 bars per day.

Suitable for vegans.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.

More Info at [rosebikes.com](http://rosebikes.com)

## 2138440 – PowerBar Natural Protein Salty Peanut Crunch 40g

### Sales description

Protein bar for athletes with peanuts and pumpkin seeds

### Ingredients

Roasted **peanuts**\* (22,1 %), glucose fructose syrup\*, **soy** crisps (16,1 %) (isolated **soy** protein\*, starch\*, salt), **soy** beans\* (12,4 %), maltodextrin\*, pea protein\* (6,2 %), vegetable fat\*, fructose, pumpkin seeds\* (4,7 %), humectant (glycerol\*), salt, natural flavouring\*, vanilla extract\*, emulsifier (**soya** lecithin\*).

\* natural ingredient.

May contain traces of **nuts** and **gluten**.

### Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1894	453	757	181
Fat [g]	22		8,9	
of which saturates [g]	5,6		2,3	
Carbohydrates [g]	30		12	
of which sugars [g]	18		7	
Fibre [g]				
Protein [g]	31		12	
Salt [g]	1,06		0,42	
Vitamins/Minerals	per 100 g		per serving or portion	
Lactose [g]	< 0,1		< 0,1	

Store in a cool, dry place.

### Suggested usage

- ▶ 1 bar anytime as a protein-rich snack
- ▶ 1 bar directly after sports
- ▶ As part of a varied and balanced diet and a healthy lifestyle. 1 – 5 bars per day.

Suitable for vegans.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.

More Info at [rosebikes.com](http://rosebikes.com)

## 2198248 – PowerBar Bar Natural Protein Banana Chocolate 40 g

### Sales description

Protein bar for athletes with peanuts, banana and dark chocolate chips with sweeteners

### Ingredients

Fruit syrup\* (apple\*, grape\*, carob\*), **soy** crisps (20%) (isolated **soy** protein\*, starch\*, salt), **soy** beans\* (14%), roasted **peanuts**\* (13%), maltodextrin\*, pea protein \* (6%), banana chips\* (6%) (bananas\*, rice flour\*), vegetable fat \*, dark chocolate chips with sweeteners (5%) (sweetener (maltit), cocoa mass, emulsifier (**soya** lecithin), fat-reduced cocoa powder, natural vanilla flavouring), humectant (glycerol), natural flavouring\*, salt, vanilla extract \*, emulsifier (**soya** lecithin\*).

\* natural ingredient. May contain traces of **other nuts** and **gluten**.

Nutritional information	per 100 g		per bar (40 g)	
	kJ	kcal	kJ	kcal
Energy	1765	421	706	168
Fat [g]	17		6,8	
of which saturates [g]	5,3		2,1	
Carbohydrates [g]	35		14	
of which sugars [g]	20		8,0	
Fibre [g]				
Protein [g]	31		12	
Salt [g]	0,67		0,27	
Vitamins/Minerals	per 100 g		per bar (40 g)	
Lactose [g]	< 0,01		< 0,01	

Store in a cool, dry place.

### Suggested usage

- ▶ 1 bar anytime as a protein-rich snack
- ▶ 1 bar directly after sports
- ▶ As part of a varied and balanced diet and a healthy lifestyle. 1 – 5 bars per day.

Suitable for vegans.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.