

Squeezy Drink Gel 60 ml sachet Raspberry

Sales description

Carbohydrate gel with increased water percentage (dietary supplement for intensive muscular efforts, especially for athletes).

Ingredients

Water, maltodextrin, isomaltulose*, glucose, flavouring, magnesium citrate, acidifier (citric acid), preservative (potassium sorbate), sodium citrate, table salt, potassium citrate, antioxidant (ascorbic acid)

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	563	132	338	79
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	33		20	
of which sugars [g]	15		9	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	0,14		0,08	

Suggested usage

We recommend consuming one 60 ml sachet (20 g carbohydrates) every 20-30 minutes during sports. Depending on the intensity of the workout, 2-3 sachets should be consumed within one hour. With increased outside temperatures and/or physical stress, additional drinking is required.

Store in a cool and dry place.

^{*&}quot;Isomaltulose is a glucose and fructose source"



Squeezy Super Drink Gel 60 ml sachet Lemon + Caffeine

Sales description

Carbohydrate gel with increased water percentage (dietary supplement for intensive muscular efforts, especially for athletes). Contains caffeine (60 mg/ 100 ml).

Ingredients

Water, maltodextrin, isomaltulose*, glucose, flavouring, magnesium citrate, acidifier (citric acid), preservative (potassium sorbate), sodium citrate, table salt, caffeine (60 mg/100 ml), potassium citrate, antioxidant (ascorbic acid)

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	563	132	338	79
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	33		20	
of which sugars [g]	15		9	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	0,14		0,08	

Suggested usage

We recommend consuming one 60 ml sachet (20g carbohydrates) every 20 - 30 minutes during sports. Depending on the intensity of the workout, 2 - 3 sachets should be consumed within one hour. With increased outside temperatures and/or physical stress, additional drinking is required.

Please note

Contains caffeine: 60 mg / 100 ml gel

Not suitable for children, pregnant women and caffeine sensitive people.

Store in a cool and dry place.

^{*&}quot;Isomaltulose is a glucose and fructose source"