

## 2198327 – AMSport Oat Flapjack Bar Vanilla Dark Chocolate 50g

### Sales description

Carbohydrate bar with vanilla-chocolate flavour

### Ingredients

**Oat** flakes, glucose syrup, chocolate 10% (sugar, cocoa mass, cocoa butter, emulsifier (**soya** lecithin)), cream powder (contains **milk**), vegetable fat, sugar, cane sugar, honey, humectant glycerol, flavourings (contain **milk**), emulsifier (**soya** lecithin), salt, vanilla.

May contain traces of wheat, gluten, milk, eggs, soy, nuts, peanuts and sesame seeds.

Nutritional information	per 100 g		per bar (50 g)	
	kJ	kcal	kJ	kcal
Energy	1841	439	920	220
Fat [g]	19,8		9,9	
of which saturates [g]	9,5		4,7	
Carbohydrates [g]	55,4		27,7	
of which sugars [g]	23,3		11,6	
Fibre [g]	5,8		2,9	
Protein [g]	7,5		3,7	
Salt [g]	0,35		0,17	

### Suggested usage

Consume during and/or after sports, if required.

## 2251683 – AMSport Oat Flapjack Bar Cranberry 50g

### Sales description

Carbohydrate bar with cranberry flavour

### Ingredients

**Oat** flakes 53,7%, glucose syrup, cream powder (contains milk), cane sugar, cocoa butter, honey, sweetened cranberries 4,5% (cranberries, sugar, sunflower oil), sugar, humectant (glycerol), emulsifier (**soya** lecithin), salt, flavourings, vanilla, colouring (carmine).

May contain traces of wheat, gluten, milk, egg white protein, soy, nuts, peanuts and sesame seeds.

Nutritional information	per 100 g		per bar (50 g)	
	kJ	kcal	kJ	kcal
Energy	1760	419	920	210
Fat [g]	16,1		8,1	
of which saturates [g]	7,7		3,8	
Carbohydrates [g]	59,0		29,5	
of which sugars** [g]	24,1		12,1	
Fibre [g]	5,5		2,8	
Protein [g]	7,3		3,7	
Salt [g]	0,39		0,19	

### Suggested usage

Consume before, during and/or after sports, if required.