

## 2199496 – Squeezy Energy Organic Bar 40 g, Pineapple-Almond

### Sales description

Fruit bar

### Ingredients

Raisins, pineapple 20%, **almonds** 19%, **natural honey** 18%, **cashew nuts**, apricot kernels, sunflower oil, potato starch.

Nutritional information	per 100 g		per 40 g (1 bar)	
	kJ	kcal	kJ	kcal
Energy	1643	392	657	157
Fat [g]	17		6,6	
of which saturates [g]	2,0		0,8	
Carbohydrates [g]	49		20	
of which sugars [g]	45		18	
Protein [g]	7,9		3,2	
Salt [g]	<0,10		<0,10	

<sup>1</sup> Percentage of reference quantity in accordance with EU reg. no. 1169/2011

### Suggested usage

We recommend to consume 2 bars during one hour of sports. This corresponds to 40 grams of carbohydrates in total. No ingredients containing gluten, no additives, lactose-free, suitable for vegetarians.