

2199496 – Squeezy Energy Organic Bar 40 g, Pineapple-Almond

Sales description

Fruit bar

Ingredients

Raisins*, pineapple* 20%, **almonds*** 19%, **natural honey*** 18%, **cashew nuts***, apricot kernels*, sunflower oil*, potato starch*.

* organically produced DE-ÖKO-024

Nutritional information	per 100 g		per 40 g (1 bar)	
	kJ	kcal	kJ	kcal
Energy	1643	392	657	157
Fat [g]	17		6,6	
of which saturates [g]	2,0		0,8	
Carbohydrates [g]	49		20	
of which sugars [g]	45		18	
Protein [g]	7,9		3,2	
Salt [g]	<0,10		<0,10	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Suggested usage

We recommend to consume 2 bars during one hour of sports. This corresponds to 40 grams of carbohydrates in total. No ingredients containing gluten, no additives, lactose-free, suitable for vegetarians.