

2199502 – Squeezy Energy Recovery Bar 50 g, Vanilla with Chocolate coating

Sales description

Protein-Carbohydrate bar with full-cream milk chocolate coating

Ingredients

Milk protein, glucose syrup, full-cream **milk** chocolate (sugar, cocoa butter, full-cream **milk** butter, cocoa mass, emulsifier **soya** lecithin, flavourings), fructose syrup, collagen hydrolysate, glucose, vegetable fat (palm fat), flavourings, salt, **albumen** powder.

Note: May contain traces of milk, nuts, peanuts and sesame seeds.

Nutritional information	per 100 g		per 50 g (1 bar)	
	kJ	kcal	kJ	kcal
Energy	1678	398	839	199
Fat [g]	11		5,7	
of which saturates [g]	6,6		3,3	
Carbohydrates [g]	44		22	
of which sugars [g]	30		15	
Protein [g]	30		15	
Salt [g]	0,20		0,10	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Suggested usage

We recommend to consume one SQUEEZY RECOVERY BAR after sports for recovery. This corresponds to 22 grams of carbohydrates and 15 grams of protein.