

2199681- AMSport Energy Competition Gel, 45g, flavour: forest fruit

Sales description

Carbohydrate gel. With vitamin B6 and vitamin B1.

Ingredients

Water, maltodextrin, dextrose, protein hydrolysate (5%, source: beef), black currant juice concentrate (3%), sodium phosphate, thickening agent (xanthan gum), acidifier (citric acid), flavouring, preservative (potassium sorbate), emulsifier (E 471), pyridoxine hydrochloride, thiamin mononitrate.

Nutritional information	per 100 g		per portion (45 g)	
	kJ	kcal	kJ	kcal
Energy	696	163	313	73,7
Fat [g]	< 0,1		< 0,1	
of which saturates [g]	< 0,1		< 0,1	
Carbohydrates [g]	35,9		16,1	
of which sugars [g]	14,0		6,3	
Protein [g]	4,7		2,1	
Salt [g]	0,734		0,330	

Vitamins/Minerals	per 100 g	% ¹	per portion (45 g)	% ¹
Thiamin (vitamin B1) [mg]	0,9	81	0,4	36
Vitamin B6 [mg]	1,1	76	0,5	34

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Suggested usage

Consume one sachet every 20-45 min. during intense sports.

The gel contains no lactose, no gluten and no additional fructose was added. In this way, good tolerance is achieved, even during high stress. AMSport Energy Competition contains no potential allergens.

2199690- AMSport Energy Competition Gel, 45g, flavour: cola+caffeine

Sales description

Carbohydrate gel. With vitamin B6 and vitamin B1.

Ingredients

Water, maltodextrin, dextrose, protein hydrolysate (5%, source: beef), sodium phosphate, thickening agent (xanthan gum), acidifier (citric acid), colouring agent (E 150d), flavouring, preservative (potassium sorbate), caffeine, emulsifier (E 471), thiamine mononitrate, pyridoxine hydrochloride

Nutritional information	per 100 g		per portion (45 g)	
	kJ	kcal	kJ	kcal
Energy	663	156	298	70,3
Fat [g]	< 0,1		< 0,1	
of which saturates [g]	< 0,1		< 0,1	
Carbohydrates [g]	33,8		15,2	
of which sugars [g]	15,1		6,8	
Protein [g]	4,6		2,1	
Salt [g]	0,733		0,330	

Vitamins/Minerals	per 100 g	% ¹	per portion (45 g)	% ¹
Thiamin (vitamin B1) [mg]	0,9	81	0,4	36
Vitamin B6 [mg]	1,1	76	0,5	34
Caffeine [mg]	71		32	

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Suggested usage

Consume one sachet every 20-45 min. during intense sports.

The gel contains no lactose, no gluten and no additional fructose was added. In this way, good tolerance is achieved, even during high stress. AMSport Energy Competition contains no potential allergens.

Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.

2199681 – AMSport Energy Competition Gel, 45g, flavour: pomegranate

Sales description

Carbohydrate gel. With vitamin B6 and vitamin B1.

Ingredients

Water, maltodextrin, dextrose, pomegranate juice concentrate (5%), protein hydrolysate (4.6%, source: beef), flavouring, sodium phosphate, acidifier (citric acid), thickening agent (xanthan gum), preservative (potassium sorbate), emulsifier (mono- and diglycerides from fatty acids), pyridoxine hydrochloride, thiamine mononitrate

Nutritional information	per 100 g		per portion (45 g)	
	kJ	kcal	kJ	kcal
Energy	747	170	325	76,7
Fat [g]	< 0,1		< 0,1	
of which saturates [g]	< 0,1		< 0,1	
Carbohydrates [g]	37,1		16,7	
of which sugars [g]	18,6		8,4	
Protein [g]	4,7		2,1	
Salt [g]	0,72		0,32	

Vitamins/Minerals	per 100 g	% ¹	per portion (45 g)	% ¹
Thiamin (vitamin B1) [mg]	0,9	82	0,4	36
Vitamin B6 [mg]	1,1	79	0,5	36

¹ Percentage of reference quantity in accordance with EU reg. no. 1169/2011

Suggested usage

Consume one sachet every 20-45 min. during intense sports.

The gel contains no lactose, no gluten and no additional fructose was added. In this way, good tolerance is achieved, even during high stress. AMSport Energy Competition contains no potential allergens.

Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.