

## 2199706 – AMSport Energy Bar, 60g, flavour: Cranberry

### Sales description

Carbohydrate bar with cranberry flavour

### Ingredients

**Oat** flakes (16,6 %), glucose syrup, rice crispies (rice flour, **wheat gluten**, sugar, **wheat** barley, glucose, salt), invert sugar syrup, raisins, sugar, candied cranberries (9,8 %) (cranberries, sugar, sunflower oil), vegetable fat, emulsifier **soy** lecithin, acidifier citric acid, salt, flavouring

May contain traces of gluten, milk (including lactose), soy, egg white, edible nuts, peanuts and sesame seeds.

Nutritional information	per 100 g		per bar (60 g)	
	kJ	kcal	kJ	kcal
Energy	1722	409	1033	245
Fat [g]	11,3		6,8	
of which saturates [g]	4,7		2,8	
Carbohydrates [g]	71,1		42,7	
of which sugars [g]	39,8		23,9	
Fibre [g]	3,3		2,0	
Protein [g]	4,1		2,5	
Salt [g]	0,49		0,30	

### Suggested usage

Suitable before, during and after sports.

## 2199715 – AMSport Energy Bar, 60g, flavour: chocolate

### Sales description

Carbohydrate bar with chocolate flavour

### Ingredients

**Oat** flakes (20,9 %), glucose syrup, rice crispies (rice flour, **wheat gluten**, sugar, **wheat** barley, glucose, salt), invert sugar syrup, sugar, raisins, vegetable fat, de-oiled cocoa (2,5 %), cocoa mass (1,5 %), emulsifier **soy** lecithin, salt, flavouring)

May contain traces of gluten, milk (including lactose), soy, egg white, edible nuts, peanuts and sesame seeds.

Nutritional information	per 100 g		per bar (60 g)	
	kJ	kcal	kJ	kcal
Energy	1691	402	1015	241
Fat [g]	12,0		7,2	
of which saturates [g]	5,1		3,1	
Carbohydrates [g]	65,8		39,5	
of which sugars [g]	34,0		20,4	
Fibre [g]	4,4		2,73	
Protein [g]	5,4		3,2	
Sodium [g]	0,20		0,124	

### Suggested usage

Suitable before, during and after sports.