

2199788 – AMSport Bio Protein 100 % Organic, powder, 450g, Vanilla

Sales description

Protein concentrate with vanilla flavour.

Ingredients

Milk protein concentrate (77,5%)*, raw cane sugar* (15,0%), **egg white** protein powder (5,0%)*, natural flavouring, vanilla bean powder* (0,05%)

*** from certified biological cultivation**

Nutritional information	per 100 g product		per portion**	
	kJ	kcal	kJ	kcal
Energy	1567	369	1063	251
Fat [g]	1,6		5,3	
of which saturates [g]	0,6		2,9	
Carbohydrates [g]	21,1		20,7	
of which sugars [g]	18,8		20,0	
Protein [g]	67,8		30,4	
Salt [g]	0,19		0,41	
BCAAs*** [g]	13,1		6,1	

** 1 portion: 30 g + 300 ml semi-skimmed BIO milk (1,5% fat)

*** BCAAs: branched chain amino acids (L-Isoleucine, L-Leucine, L-Valine)

Suggested usage

Stir 30 g powder into 300 ml semi-skimmed BIO milk (1,5%).

Equals: 2 level measuring spoons (included in box).