

2199803 – AMSport Powershot taurine caffeine concentrate, 60ml, Mango-Orange

Sales description

Dietary food for intensive muscle effort, especially during sports.

Ingredients

Water, saccharose, dextrose, **protein** hydrolysate (5%, source: beef), taurine, magnesium lactate, nutriose (corn dextrin), flavouring, acidifier (citric acid), caffeine, L-Arginine, preservative (potassium sorbate), L-Carnitine, nicotinamide, zinc oxide, calcium-D-pantothenat, pyridoxine hydrochloride, L-Valine, L-Lysine-hydrochloride, thiamin mononitrate, riboflavin, D-biotin

Nutritional information	per 100 g		per portion**	
	kJ	kcal	kJ	kcal
Energy	477	112	286	67,3
Fat [g]	<0,1		<0,1	
of which saturates [g]	<0,1		<0,1	
Carbohydrates [g]	18,8		11,3	
of which sugars [g]	18,7		11,2	
Fibre [g]	0,6		0,3	
Protein [g]	5,7		3,4	
Salt [g]	0,069		0,041	
BCAAs***[g]	0,39		0,23	

Vitamins/Minerals	per 100 g	% ¹	per portion**	% ¹
Thiamin (vitamin B1) [mg]	0,40	36	0,24	22
Riboflavin (vitamin B2) [mg]	0,49	35	0,29	21
Niacin [mg NE]	5,62	35	3,37	21
Vitamin B6 [mg]	0,49	35	0,29	21
Biotin [µg]	17,8	35	10,7	21
Pantothenic acid [mg]	2,11	36	10,7	21
Magnesium [mg]	134	35	80	21
Zinc [mg]	3,5	35	2,1	21
Taurine [mg]	2,8	-	1,68	-
Caffeine [mg]	263	-	158	-
L-Carnitine [mg]	105	-	63	-
L-Arginine [mg]	177	-	106	-
L-Lysine [mg]	0,44	-	0,27	-
L-Valine [mg]	0,55	-	0,33	-

¹ NRV = % of the nutrient reference values (according to VO (EG) No. 1169/2011)

** 1 portion: 60ml with 1000ml water

*** BCAAs = branched chain amino acids (L-Isoleucine, L-Leucine, L-Valine)

Suggested usage

Thin down 60ml concentrate with 1000ml water.

Not recommended for children, pregnant or breastfeeding women and caffeine sensitive people.