

2229830 - Mulebar Bar Natural TastyEnergy Mango Tango / Mango Cashew 40g

Sales description

Muesli bar with mango and cashews.

Ingredients

Rice syrup¹, dried mango¹ (28%), **oat**¹ (10%), **cashews**¹ (9%), rice flakes (rice flour¹, raw cane sugar¹, sunflower oil¹, **barley malt** flour¹ (**gluten**), **whey** protein¹ (**milk**), water*, **soya** flour¹, puffed amaranth¹, sunflower oil¹.

Fairtrade certified

Mango, cashews conform to Fairtrade standards. 37% in total. FFLF0039. www.info.fairtrade.net

Organic certification

GB-ORG-05

EU/non-EU Agriculture

¹ grown organically

*non-organic ingredients

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1485	352	608	144
Fat [g]	8		3,2	
of which saturates [g]	1		0,4	
Carbohydrates [g]	63		26	
of which sugars [g]	39		16	
Fibre [g]	3		1,6	
Protein [g]	7		2,8	
Salt [g]	0,16		0,06	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2229849 - Mulebar Bar Natural TastyEnergy Strudel / Apple, Cinnamon, Raisin 40g

Sales description

Muesli bar with apples, raisins and cinnamon

Ingredients

Rice syrup, **oat** (12%), dried apples (10%), **oat** flakes (10%), **whey** protein (**milk**), apricot kernels, raisins (7%) (raisins, sunflower oil), apple juice (6%), rice flakes (rice flour, **barley malt flour**, sugar, sunflower oil, emulsifier: sunflower lecithins, dried cranberries (cranberries, cane sugar, sunflower oil), cinnamon (0,4%).

Fairtrade certified

Apples, apricot kernels, raisins, apple juice, rice flour, cinnamon and sugar conform to Fairtrade standards. 34,65% in total. FFLF0039. www.info.fairtrade.net

Organic certification

GB-ORG-05

EU/non-EU Agriculture

¹ grown organically

*non-organic ingredients

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1530	362	612	138
Fat [g]	7		2,4	
of which saturates [g]	0,9		0,28	
Carbohydrates [g]	66		27	
of which sugars [g]	43		20	
Fibre [g]	5		2	
Protein [g]	8		2,8	
Salt [g]	0,15		0,06	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2229858 - Mulebar Bar Natural TastyEnergy Summer Pudding / Raspberry, Cranberry, Currant 40g

Sales description

Muesli bar with raspberries, cranberries and blackcurrants

Ingredients

Rice syrup, dried apples, **oat** (8%), **oat** flakes (8%), **whey** protein (**milk**)(7%), concentrated apple juice, rice flakes (rice flour, **barley malt flour**, sugar, sunflower oil, emulsifier: sunflower lecithins), apricot kernels, puffed amaranth, cranberries (cranberries, apple juice, sunflower oil) (2%), **soya** flour, dried blackcurrants 2%, dried raspberries (2%), water.

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1530	362	612	138
Fat [g]	7		2,4	
of which saturates [g]	0,9		0,28	
Carbohydrates [g]	66		27	
of which sugars [g]	43		20	
Fibre [g]	5		2	
Protein [g]	8		2,8	
Salt [g]	0,15		0,06	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2229797 - Mulebar Bar Natural TastyEnergy Chocolate Orange 40g

Sales description

Muesli bar with chocolate and oranges.

Ingredients

Rice syrup, raisins (raisins, sunflower oil), **oat** flakes (13%), orange peel (12%) (orange peel, glucose fructose syrup, sugar, rice flour, acidity regulator: citric acid), rice flakes (rice flour, **barley malt flour**, sugar, sunflower oil, emulsifier: sunflower lecithins), **oat** (4%), **whey** protein (**milk**), dark chocolate (4%) (sugar, cocoa mass, cocoa butter, emulsifier: **soy** lecithins), cocoa powder (3%), **soya** flour (2%).

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1439	346	576	146
Fat [g]	4		1,6	
of which saturates [g]	1		0,6	
Carbohydrates [g]	69		27	
of which sugars [g]	48		19	
Fibre [g]	5		1,9	
Protein [g]	7		2,7	
Salt [g]	0,06		0,02	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2229803 - Mulebar Bar Natural TastyEnergy Hunza Nut / Apricot Walnut 40g

Sales description

Muesli bar with apricots and walnuts.

Ingredients

Dried apricots (32%), rice syrup (30%), **oat** flakes (16%), **walnuts** (7%), rice flakes (7%) (rice flour, **barley malt flour**, sugar, sunflower oil, emulsifier: sunflower lecithins), **oat** (4%), **soya** flour (2%), water (1%), puffed amaranth (1%), sunflower oil.

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1467	351	587	140
Fat [g]	6		2,4	
of which saturates [g]	0,7		0,3	
Carbohydrates [g]	67		27	
of which sugars [g]	40		16	
Fibre [g]	4		1,6	
Protein [g]	6		2,8	
Salt [g]	0,02		0,01	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2229812 - Mulebar Bar Natural TastyEnergy Liquorice Allsports Coconut 40g

Sales description

Muesli bar with liquorice, coconut and fennel seeds

Ingredients

Rice syrup¹, **oat**¹ (**gluten**) (24%), coconut¹ (20%), rice flakes (rice flour¹, raw cane sugar¹, sunflower oil¹, **barley** malt flour¹ (**gluten**)), **whey** protein¹ (**milk**), liquorice (melasse¹, **wheat** flour¹ (**gluten**), corn syrup¹, liquorice extract¹ (2%), anise oil¹, carnauba wax*), puffed amaranth¹, fennel seeds¹ (2%), sunflower oil¹.

Organic certification

GB-ORG-05

EU/non-EU Agriculture

¹ grown organically

*non-organic ingredients

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1652	394	661	158
Fat [g]	16		6	
of which saturates [g]	11		4	
Carbohydrates [g]	53		23	
of which sugars [g]	35		14	
Fibre [g]	7		2,4	
Protein [g]	7		3	
Salt [g]	0,18		0,07	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2229821 - Mulebar Bar Natural TastyEnergy Pina Colada / Pineapple Coconut 40g

Sales description

Muesli bar with pineapple, coconut and Goji berries

Ingredients

Rice syrup, dried pineapple (33%), roasted coconut 8%, puffed rice (rice flour, **barley malt flour**, sugar, sunflower oil, emulsifier: sunflower lecithins), **oat** flakes (4%), **oat** (4%), **whey** protein (**milk**), **soya** flour, hempseeds, Goji berries (2%), puffed quinoa, sunflower oil.

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1547	367	619	146
Fat [g]	8		3	
of which saturates [g]	4,8		2	
Carbohydrates [g]	67		27	
of which sugars [g]	52		20	
Fibre [g]	3		1,2	
Protein [g]	6		2,4	
Salt [g]	0,07		0,03	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2268341 - Mulebar Bar Natural TastyEnergy Lemon Zinger: Lemon/Ginger 40g

Sales description

Muesli bar with lemons, ginger and cashew nuts

Ingredients

Rice syrup (42%), **oat** (16%), **oat flakes** (12%), rice flakes (10%) (rice flour, **barley malt flour** (10%), **cashew nuts** (8%), lemon powder (4%), sunflower oil (3%), **soya flour** (2%), puffed amaranth (2%), ginger (0,75%), lemon oil (0,01%)

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1626	386	650	155
Fat [g]	10		4	
of which saturates [g]	2		1	
Carbohydrates [g]	63		25	
of which sugars [g]	25		10	
Fibre [g]	6		2	
Protein [g]	7		3	
Salt [g]	0,05		0,02	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.

2268342 - Mulebar Bar Natural TastyEnergy Peanut Punch: Peanuts/Raspberry 40g

Sales description

Muesli bar with peanuts and raspberries

Ingredients

Rice syrup, **oat**, peanuts 23.8%, freeze-dried raspberries, rice flakes (rice flour, **barley malt extract**, sugar, emulsifier: sunflower lecithins), Himalaya crystal salt

Nutritional information	per 100 g		per serving or portion 40g	
	kJ	kcal	kJ	kcal
Energy	1810	432	724	172,8
Fat [g]	14		5,6	
of which saturates [g]	2,1		1	
Carbohydrates [g]	64		25,6	
of which sugars [g]	40,6		16,24	
Fibre [g]	4,5		1,8	
Protein [g]	10,7		4,28	
Salt [g]	0,15		0,06	

Allergy information

Bars contain gluten, other allergens are in **bold letters**.

During the production process, we have taken steps to prevent cross-contamination with other nuts, sesame seeds, milk and other products with gluten.

As the bars have natural ingredients, they may contain small shell particles.