

## 2262249 – Orthomol Sport Trinkfläschchen

### Sales description

Food supplement

### Ingredients

Water, orange juice concentrate with bioflavonoids, stabilizer glycerol, fructose, magnesium glycerophosphate, L lactic acid, **fish** oil (2%), calcium carbonate, L ascorbic acid, potassium lactate, L-carnitine (1,2%), gelatine, modified starch, sucrose, corn starch, DL-alpha tocopherylacetate, bulking agent microcrystalline cellulose, maltodextrin, stabilizer gum arabic, nicotinamide, bulking agent sorbitol, zinc gluconate, vegetable oils (palm and coconut oil in varying proportions), preservative potassium sorbate, calcium D pantothenate, glazing agent hydroxypropyl methyl cellulose, iron fumarate, coenzyme Q10 (0,06%), separating agent talcum, sweetener sodium cyclamate, separating agent calcium salts of fatty acids, glazing agent hydroxypropyl cellulose, sweetener acesulfame K, pyridoxin hydrochloride, thiamine hydrochloride, separating agent silicon dioxide, flavour, copper sulphate, riboflavin, beta-carotene, bulking agent lactate, sweetener saccharin sodium, colouring agent ferrous oxides, retinyl acetate, lutein, pteroylmonoglutamic acid, lycopene, D-biotin, chrome(III) chloride, potassium iodide, sodium molybdate, phyloquinone, sodium selenite, cholecalciferol, cyanocobalamin

1 daily portion of 20 ml (23,9 g) plus 1 tablet/1 capsule (1,6 g)

<b>Vitamins/Minerals</b>	<b>per daily portion</b>	<b>%RM**</b>
Vitamin A [µg]	750 RE°	94
Vitamin D [µg]	15 (600 I.E.°°)	300
Vitamin E [mg]	36 alpha-TE°°°	300
Vitamin K [µg]	60	80
Vitamin C [mg]	300	375
Thiamine (vitamin B1) [mg]	3	273
Riboflavin (vitamin B2) [mg]	3,5	250
Niacin [mg NE]	35 NE*	219
Vitamin B6 [mg]	5	357
Folic acid [µg]	500	250
Vitamin B12 [µg]	9	360
Biotin [µg]	150	300
Pantothenic acid [mg]	18	300
<b>Minerals or trace elements</b>		
Calcium [mg]	200	25
Magnesium [mg]	150	40
Iron[mg]	5	36

More Info at [rosebikes.com](http://rosebikes.com)

Zinc [mg]	5	50
Copper [mg]	1000	100
Selenium [µg]	20	55
Chrome [µg]	30	75
Molybdenum [µg]	50	100
Iodine [µg]	100	67
<b>Secondary plant substances</b>		
Citrus – bioflavonoids [mg]	5	***
Beta-carotene [mg]	2	***
Lutein [µg]	800	***
Lycopene [µg]	200	***
<b>Essential fatty acids</b>		
Omega-3 fatty acids [mg], of which	150	***
Eicosapentaenoic acid (EPA) [mg]	80	***
Docosahexaenoic acid (DHA) [mg]	50	***
<b>Additional micronutrients</b>		
L-carnitine [mg]	300	***
Coenzyme Q10 [mg]	15	***

° RE = Retinol equivalents

°° IU = International units

°°° alpha-TE = Alpha-tocopherol equivalents

\* NE = Niacin equivalents

\*\* RM = Percentage of reference quantity in accordance with EU regulation 1169/2011

\*\*\* No recommendation by the EU

### Suggested use:

Take the content of the bottle together with the tablet and the capsule (= daily portion) during or after a meal. Shake well. It is generally recommended to take the food supplement some time before or after sport activities.

The body needs micronutrients, a regular use over a longer period of time is thus recommended. Store in a cool, dry and dark place.

Orthomol Sport contains carbohydrates. In case of glucose intolerance only use while monitoring the metabolism constantly. The carbohydrates contained (8,3 g per daily portion) are easily available.

- Orthomol Sport contains iodine. If you suffer from thyroid dysfunction, please consult your doctor prior to use.
- Do not exceed the daily recommended intake.
- Food supplements are not intended to replace a varied and balanced diet and a healthy way of living.
- Keep out of reach of young children.

More Info at [rosebikes.com](http://rosebikes.com)

### **Further information**

- The food supplement Orthomol Sport in the administration form ready-to-drink vial is gluten-free according to EU regulation 41/2009. Besides, it is lactose-free.
- Orthomol Sport is free from nandrolone (sample analysis, detection limit 0,01 µg/g (GC/MS)).
- When consuming Orthomol Sport, you might have these harmless accompanying symptoms: yellow discolouration of the urine due to the high vitamin B2 content, as well as belching due to the fish oil contained in the capsule (omega-3 fatty acids) in individual cases. To avoid burping, we recommend you to take the capsule before going to bed.
- The product contains colouring beta-carotene (provitamin A). Possibly arising stains, e.g. on clothes, are hard to remove.

**More Info at [rosebikes.com](http://rosebikes.com)**