

2102834 - Isostar Drink Powder Hydrate & Perform Fresh (Grapefruit) 400g

Ingredients

Saccharose, glucose syrup, citric acid, sodium citrate, maltodextrin, calcium phosphate, natural flavouring, magnesium carbonate, sodium chloride, potassium chloride, antioxidant ascorbic acid, vitamin B1.

Nutritional information	per 100 g		per portion (40 g) 500 ml	
	kJ	kcal	kJ	kcal
Energy	1586	373	631	148
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	88		35	
of which sugars [g]	70		28	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	2,0		0,80	
Vitamins/minerals	per 100 g	% ¹	per portion (40 g) 500 ml	% ¹
Thiamin (vitamin B1) [mg]	0,58	53	0,23	21
Calcium [mg]	400	50	160	20
Magnesium [mg]	155	41	62	17
Sodium [g]	0,80		0,32	

¹Percentage of recommended daily allowance

Energy per 100 ml of finished product: 126 kJ / 30kcal

Suggested usage

We recommend to drink Isostar Hydrate & Perform during warm-up (150 ml to 300 ml) and during as well as after exercise or competition (approx. 150 ml every ¼ hour). Preparation: Dissolve 3 measuring spoons in 500 ml of water (1 measuring spoon corresponds to one heaped tablespoon).

2102870 - Isostar Powertabs 10 Tabs Lemon 120g

Ingredients

Glucose, citric acid, sodium hydrogen carbonate, starch, maltodextrin, natural lemon flavouring and other natural flavourings, potassium carbonate, magnesium carbonate, calcium carbonate, sodium chloride, calcium phosphate, sweetener aspartame, vitamin C, vitamin E, vitamin B1, colouring agent beta carotene. Contains a source of phenylalanine.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1525	358	367	86
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	79		19	
of which sugars [g]	75		18	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	3,4		0,83	
Vitamin E [mg]	per 100 g	% ¹	per serving or portion	% ¹
Vitamin E [mg]	14	117	3,4	28
Vitamin C [mg]	78	98	19	24
Thiamin (vitamin B1) [mg]	1,1	100	0,26	24
Calcium [mg]	340	43	82,0	10
Magnesium [mg]	156	42	37,0	10
Sodium [g]	1,4		0,33	

¹Percentage of recommended daily allowance

Energy per 100 ml of the finished product : 74 kJ / 17,4 kca

Suggested usage

Drink 150 ml every 15 minutes during warm-up and during as well as after exercise (up to 2 hours). Dissolve 2 tablets in 500 ml of water. Energy can be used for "carbo loading" before competitions.

2102922 - Isostar Gel Energy Gel Cherry + Caffeine 35g

Ingredients

Glucose syrup, water, fructose, natural cherry flavouring, acid: citric acid, flavouring, caffeine, Vitamin C, Vitamin B1. Contains sodium.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1326	312	459	108
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	78		27	
of which sugars [g]	54		18,9	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	0,02		0,01	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin C [mg]	46	58	16	20
Thiamin (vitamin B1) [mg]	0,62	56	0,22	20
Sodium [g]	0,01		0,003	

¹Percentage of recommended daily allowance

Suggested usage

The additional intake of liquid is to be recommended. Contains caffeine. Not recommended for children, pregnant or breastfeeding women. Not recommended for caffeine sensitive people (contains 118 mg caffeine / 100 g). Do not consume more than 2 sachets per day.

2102913 - Isostar Gel Energy Gel Strawberry Banana + Caffeine 35g

Ingredients

Glucose syrup, water, fructose, natural banana flavouring, acid: citric acid, flavouring, caffeine, vitamin C, vitamin B1. Contains sodium.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1326	312	459	108
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	78		27	
of which sugars [g]	49		17	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	0,02		0,01	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin C [mg]	46	58	16	20
Thiamin (vitamin B1) [mg]	0,58	53	0,2	20
Sodium [g]	0,01		0,003	

¹ Percentage of recommended daily allowance

Suggested usage

The additional intake of liquid is to be recommended. Contains caffeine. Not recommended for children, pregnant or breastfeeding women. Not recommended for caffeine sensitive people (contains 118 mg caffeine / 100 g). Do not consume more than 2 sachets per day.

2102931 - Isostar Gel Energy Gel Neutral 35g

Ingredients

Maltodextrin, Glucose syrup, water, preservative: potassium sorbate, vitamin C, vitamin B1.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy	1190	280	425	100
Fat [g]	0		0	
of which saturates [g]	0		0	
Carbohydrates [g]	70		25	
of which sugars [g]	25		9	
Fibre [g]				
Protein [g]	0		0	
Salt [g]	0,02		0,01	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin C [mg]	38	48	13	16
Thiamin (vitamin B1) [mg]	0,56	51	0,2	18
Sodium [g]	0,01		0,003	

¹ Percentage of recommended daily allowance

Suggested usage

Isostar Energy Gel is suitable for all kinds of sports and should be consumed during sports (training, competition). The additional intake of liquid (200 ml) is to be recommended.

2102968 - Isostar Bar High Energy Multifruits 40g

Ingredients

Glaze (sugar, vegetable oils, skimmed **milk** powder, **whey** solids, emulsifier **soy** lecithin), **oat** flakes, cereal extrudate (rice and **wheat** flour, cane sugar, malt, **wheat** gluten, salt), glucose syrup, candied orange peel 10,5% (orange peel, glucose syrup, sugar, citric acid), invert sugar syrup, glucose, puffed rice, apple pieces 3,1%, vegetable fat, stabilising sorbitol and glycerol, flavouring, pineapple flakes 1,3% (pineapple, maize starch, sugar), citric acid, salt, emulsifier soy and rapeseed lecithin, vitamin C, vitamin E (**lactose**, **milk** protein), niacin, vitamin B6, vitamin B1, vitamin B2, preservative: sulphur dioxide.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1662	394	669	159
Fat [g]	9,4		3,8	
of which saturates [g]	6,6		2,6	
Carbohydrates [g]	72		29	
of which sugars [g]	35		14	
Fibre [g]				
Protein [g]	4,8		1,9	
Salt [g]	0,54		0,22	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin E [mg]	5,9	49	2,4	20
Vitamin C [mg]	50	63	20	25
Thiamin (vitamin B1) [mg]	1,0	91	0,40	36
Riboflavin (vitamin B2) [mg]	0,78	56	0,31	22
Niacin [mg]	8,8	55	3,5	22
Vitamin B6 [mg]	1,2	86	0,48	34
Sodium [g]	0,22		0,09	

¹ Percentage of recommended daily allowance

Suggested usage

Ideal for before or during sports, especially for moderately and highly intensive workouts. We recommend to consume 1 bar per day.

More Info at [rosebikes.com](https://www.rosebikes.com)

2102959 - Isostar Bar High Energy Chocolate 35g

Ingredients

Milk chocolate glaze 25% (sugar, cocoa butter, skimmed milk powder, **whey**, cocoa mass, **milk** fat, emulsifier: **soy** le-cithin, natural flavouring), glucose syrup, cereal extrudate (rice flour, **wheat** flour 5,7%, brown cane sugar, **wheat** malt, **wheat** protein, salt), **oat** flakes, invert sugar syrup, stabiliser: glycerol, rapeseed oil, puffed rice, fat-reduced cocoa powder, sea salt, flavouring, emulsifier: rapeseed lecithin, vitamin B1, B2, B6, C, niacin, E (**lactose**, **milk** protein). Contains sodium.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1742	414	619	149
Fat [g]	12		4,2	
of which saturates [g]	6		2,1	
Carbohydrates [g]	70		25	
of which sugars [g]	32		11	
Fibre [g]				
Protein [g]	6,2		2,2	
Salt [g]	0,58		0,2	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin E [mg]	7	58	2,5	21
Vitamin C [mg]	105	128	36	45
Thiamin (vitamin B1) [mg]	0,94	85	0,33	30
Riboflavin (vitamin B2) [mg]	1,1	79	0,39	28
Niacin [mg]	11	69	3,9	24
Vitamin B6 [mg]	1,1	79	0,39	28
Sodium [g]	0,23		0,08	

¹ Percentage of recommended daily allowance

Suggested usage

Ideal for before or during sports, especially for moderately and highly intensive workouts. We recommend to consume 1 bar per day.

2102995 - Isostar Bar High Protein 25 Hazelnut 35g

Ingredients

Glucose syrup, **milk** protein, **milk** chocolate glaze 20 % (sugar, cocoa butter and cocoa mass, skimmed **milk** powder, **whey**, **milk** fat, emulsifier: **soy** lecithin, natural vanilla flavouring), **wheat** gluten, stabiliser: sorbitol, sugar, **egg** white powder, fructose syrup, hazelnuts (2,5 %), stabiliser glycerol, sunflower oil, food fibres from beetroot, fat-reduced cocoa powder, dried glucose syrup, flavouring, vitamin C, vitamin E (**lactose**), niacin, vitamin B6, vitamin B1, vitamin B2.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1622	385	568	135
Fat [g]	10		4	
of which saturates [g]	5		2	
Carbohydrates [g]	50		18	
of which sugars [g]	38		13	
Fibre [g]				
Protein [g]	25		8,8	
Salt [g]	0,58		0,20	
Vitamin E [mg]	per 100 g	% ¹	per serving or portion	% ¹
Vitamin E [mg]	8,3	69	2,9	
Vitamin C [mg]	49	61	17,2	
Thiamin (vitamin B1) [mg]	1,2	109	0,42	
Riboflavin (vitamin B2) [mg]	1,3	93	0,46	
Niacin [mg]	14	88	4,9	
Vitamin B6 [mg]	1,4	100	0,49	

¹ Percentage of recommended daily allowance

Suggested usage

Consume the Isostar High Protein bar before, during and/or 15 minutes after sports, ideally in combination with a drink.

2102986 - Isostar High Protein Bar 25 Yoghurt 35g

Ingredients

Glucose syrup, **milk** protein (in powder form), **milk** chocolate 20 % (sugar, cocoa butter and cocoa mass, skimmed **milk** powder, **whey**, **milk** fat, emulsifier: **soy** lecithin, natural vanilla flavouring), **milk** protein, glucose syrup, stabiliser: sorbitol and glycerol, **wheat** gluten, sugar, **egg** white powder, fructose syrup, vegetable oils, apple and apricot pieces (2 %), flavouring, beet fibre, malic and citric acid, vitamin B1, vitamin B2, vitamin B6, vitamin C, niacin, vitamin E (**lactose**), starch, dextrose, preservative **sulphur dioxide**.

Nutritional information

Nutritional information	per 100 g		per serving or portion	
Energy	kJ	kcal	kJ	kcal
	1604	381	561	133
Fat [g]	8,9		3	
of which saturates [g]	4,5		2	
Carbohydrates [g]	51		18	
of which sugars [g]	41		14	
Fibre [g]				
Protein [g]	25		8,8	
Salt [g]	0,58		0,20	
Vitamin E [mg]	per 100 g	%1	per serving or portion	%1
Vitamin E [mg]	8,2	68	2,9	
Vitamin C [mg]	50	63	17,5	
Thiamin (vitamin B1) [mg]	1,2	109	0,42	
Riboflavin (vitamin B2) [mg]	1,3	93	0,46	
Niacin [mg]	13	81	4,6	
Vitamin B6 [mg]	1,6	114	0,56	

¹ Percentage of recommended daily allowance

Suggested usage

Consume the Isostar High Protein bar before, during and/or 15 minutes after sports, ideally in combination with a drink.