

417091 - PowerBar Protein Plus 30% Vanilla-Caramel Crisp 55g

Sales description

Protein bar for athletes with whole milk chocolate coating and caramel paste, vanilla-caramel flavour

Ingredients

Caseinate (from **milk**) (22,8%), invert sugar syrup, whole **milk** chocolate (20%) coating [sugar, cocoa butter, whole **milk** powder, cocoa mass, emulsifier (**soya** lecithin), flavouring], caramel paste (13,5%) [glucose fructose syrup, sugar, vege-table fat, sweetened condensed skimmed **milk**, clarified **butter**, emulsifier (mono- and diglycerides of fatty acids), caramelised sugar syrup, gelling agent (carrageenan), salt], **whey** protein (6,2%), glucose syrup, **soy** crisps [**soy** protein (4%), starch, salt], humectant (glycerol), flavouring (with **milk**), emulsifier (**soya** lecithin).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional	information
Nutritional	mormation

Nutritional information		100 g	1 Percentage of recommended daily allowance	
Energy	kJ	kcal	kJ	kcal
	1632	387	904	214
Fat [g]	1	0	5,5	
of which saturates [g]	5	,1	2,8	
Carbohydrates [g]	44	l,2	24,3	
of which sugars [g]	34	l,6	19	
Fibre [g]	,	1	0,55	
Protein [g]	30),8	16,9	
of which casein [g]	20),5	11,3	
of which whey protein [g]	5	,8	3,2	
of which soy protein [g]	4	1	2,2	
Salz [g]	0,5	30	0,17	

Store in a cool, dry place.

Suggested usage

- Consume 1 bar after sports
- As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day
- > For the flavours "Cappuccino Caramel Crisp" and "Vanilla Caramel Crisp" 1-2 bars per day.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.



417092 - PowerBar Protein Plus 30% Chocolate 55g

Sales description

Protein bar for athletes with dark chocolate coating, chocolate flavour

Ingredients

Calcium caseinate (from **milk**) (21%), dark chocolate coating (18%) [cocoa mass, sugar, cocoa butter, emulsifier (**soya lecithin**)], invert sugar syrup, fructose syrup, oligofructose syrup, **whey** protein (8%), fat-reduced cocoa powder (5%), **soy** protein (2,5%), flavouring, emulsifier (**soya lecithin**).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional information

Nutritional information	per 100 g		1 Percentage of recommended daily allowance		
Energy	kJ	kcal	kJ	kcal	
	1421	338	785	187	
Fat [g]	-	7	3,9		
of which saturates [g]		4	2,2		
Carbohydrates [g]	3	1	17,1		
of which sugars [g]	2	9	16		
Fibre [g]	13	3,5	7,4		
Protein [g]	3	1	17,1		
of which casein [g]	18	3,9	10,4		
of which whey protein [g]	-	7	3,9		
of which soy protein [g]	2	,1	1,2		
Salt [g]	0,	23	0,13		

Store in a cool, dry place.

Suggested usage

- Consume 1 bar after sports
- As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day.
- For the flavours "Cappuccino Caramel Crisp" and "Vanilla Caramel Crisp" 1-2 bar per day.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.



417107 - PowerBar Protein Plus 30% Vanille Kokos 55g

Sales description

Protein bar for athletes with white chocolate. Vanilla-coconut flavour

Ingredients

Calcium caseinate (from **milk**) (21%), white chocolate (18%) [sugar, cocoa butter, whole **milk** powder, emulsifier (**soy lecithin**), flavouring], oligofructose syrup, invert sugar syrup, fructose syrup, whey protein (8%), skimmed **milk** powder, **soy** protein (2%), flavourings, emulsifier (**soy lecithin**).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional information

Nutritional information	per 100 g		1 Percentage of recommended daily allowance		
Energy	kJ	kcal	kJ	kcal	
	1468	348	806	191	
Fat [g]	6	,2	3,4		
of which saturates [g]	3	,5	1,9		
Carbohydrates [g]	36	6,4	20		
of which sugars [g]	35	5,5	19,5		
Fibre [g]	10),5	5,8		
Protein [g]	31	,5	17,3		
of which casein [g]	18	3,9	10,4		
of which whey protein [g]	6	,9	3,8		
of which soy protein [g]	1	,7	0,94		
Salt [g]	0,	30	0,94		

Store in a cool, dry place.

Suggested usage

Consume 1 bar after sports

As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day.

This information serves for a better understanding. The information and values provided on the packages are of major importance.



443272 - PowerBar Protein Plus 30% Mixed Berry 55g

Sales description

Protein bar for athletes with milk chocolate coating, with sweetener. Berry flavour

Ingredients

Bulking agent (polydextrose), humectant (sorbitols), **milk** chocolate coating with sweetener (18%) [sweetener (maltitol), cocoa butter, whole **milk** powder, cocoa mass, emulsifier (**soy** lecithin), flavouring], calcium caseinate (from **milk**) (14%), **whey** protein (14%), **soy** protein (2,5%), rapeseed oil, dried raspberry pieces (1,5%), Inulin, acid (citric acid), flavouring, emulsifier (**soy** lecithin).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional information

Nutritional information	per 100 g		1 Percentage of recommended daily allowance		
Energy	kJ	kcal	kJ	kcal	
	1270	305	699	168	
Fat [g]	9	,1	5		
of which saturates [g]	4	,1	2,3		
Carbohydrates [g]	24	1,7	13,6		
of which sugars [g]	2	,4	1,3		
of which polyols	21	,7	11,9		
Fibre [g]	1	9	10,5		
Protein [g]	30),2	16,6		
Salt [g]	0,	32	0,18		

Suggested usage

- Consume 1 bar after sports
- As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day
- > Excessive consumption may induce laxative effects.1 bar per day (55g bar).

This information serves for a better understanding.

The information and values provided on the packages are of major importance.



2114857 - PowerBar Protein Plus 30% Orange Jaffa Cake 55g

Sales description

Protein bar for athletes with dark chocolate coating. Orange flavour.

Ingredients

Calcium caseinate (from **milk**) (22 %), dark chocolate coating (18 %) [cocoa mass, sugar, cocoa butter, emulsifier(**soya** lecithin)], oligofructose syrup, invert sugar syrup, fructose syrup, whey protein (8 %), skimmed **milk** powder, **soy** protein (2 %), natural orange flavour, emulsifier (**soya** lecithin).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional information

Nutritional information	per 100 g		1 Percentage of recommended daily allowance		
Energy	kJ	kcal	kJ	kcal	
	1459	347	802	191	
Fat [g]	7,	,4	4,1		
of which saturates [g]	4	,6	2,5		
Carbohydrates [g]	33	3,7	18,5		
of which sugars [g]	30),1	16,6		
Fibre [g]	10),6	5,8		
Protein [g]	31	,2	17,2		
of which casein [g]	21	,6	11,9		
of which whey protein [g]	7,	,8	4,3		
of which soy protein [g]	1,	,8	1		
Salt [g]	0,2	25	0,14		

Store in a dry place. Protect from heat.

Suggested usage

- Consume 1 bar after sports
- As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day
- > For the flavours "Cappuccino Caramel Crisp" and "Vanilla Caramel Crisp" 1-2 bars per day.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.



2193474 - PowerBar Protein Plus 30% Lemon-Cheesecake 55g

Sales description

Protein bar for athletes with white chocolate coating. Lemon flavour.

Ingredients

Calcium caseinate (from **milk**) (22%), white chocolate (18%) [sugar, cocoa butter, whole milk powder, emulsifier (**soya** lecithin), flavouring], oligofructose syrup, fructose syrup, invert sugar syrup, **whey protein** (8%), skimmed **milk** powder, **soy** protein (2%), natural flavourings, emulsifier (**soya** lecithin).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional information

Nutritional information	per 100 g		per serving or portion		
Energy	kJ kcal		kJ	kcal	
	1436	341	790	188	
Fat [g]	6	,9	3,8	}	
of which saturates [g]	4	,4	2,4	ļ	
Carbohydrates [g]	3	3	18		
of which sugars [g]	25		14		
Fibre [g]	12		6,5	6,5	
Protein [g]	32		17	17	
of which casein [g]	22		12		
of which whey protein [g]	8		4,4		
of which soy protein [g]	2		1,1		
Salt [g]	0,26		0,14		

Store in cool, dry place.

Suggested usage

- Consume 1 bar after sports.
- As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day.
- > For the flavours "Cappuccino Caramel Crisp" and "Vanilla Caramel Crisp" 1-2 bars per day.

This information serves for a better understanding.

The information and values provided on the packages are of major importance.



2198220 — PowerBar Protein Plus 30% Bar Chai Latte Vanilla Low Sugar 55 g

Sales description

Protein bar with milk protein, whole milk chocolate coating and sweeteners for athletes. Spicy vanilla flavour.

Ingredients

Bulking agent (polydextrose), humectant (sorbitol, glycerol), whole **milk** chocolate coating with sweeteners (18%) [sweetener (maltit), cocoa butter, whole milk powder, cocoa mass, emulsifier (soya lecithin), flavouring], calcium caseinate (from **milk**) (18%), **whey** protein (16%), skimmed **milk** powder (1,7%), rapeseed oil, natural vanilla flavour, natural spice flavour (clove, cardamom, cinnamon), emulsifier (**soy** lecithin).

May contain traces of **peanuts**, **nuts** and **gluten**.

Nutritional information	per 100 g		per bar (55 g)	
Energy	kJ	kcal	kJ	kcal
	1301	312	716	172
Fat [g]	9,	,4	5,2	
of which saturates [g]	5,	.3	2,9	
Carbohydrates [g]	26		15	
of which sugars [g]	3,0		1,7	
of which polyvalent alcohols [g]	23		13	
Fibre [g]	20		11	
Protein [g]	30		17	
Salt [g]	0,28		0,15	
*of which				

Store in cool, dry place.

Suggested usage

Whey protein [g]

Casein [g]

- Consume 1 bar after sports.
- As part of a varied and balanced diet and a healthy lifestyle. 1 bar per day.
- > For the flavours "Cappuccino Caramel Crisp" and "Vanilla Caramel Crisp" 1-2 bars per day.

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This information serves for a better understanding.

The information and values provided on the packages are of major importance.

More Info at rosebikes.com

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