

552837 – SaltStick salt/mineral caps

Ingredients

Sodium chloride (common salt), potassium citrate, hydroxypropyl methylcellulose (vegetarian capsules), calcium citrate, magnesium citrate, calcium gluconate, magnesium gluconate, potassium chloride, E 570 (stearic acid), E 470b (magnesium stearate), cholecalciferol (vitamin D3).

Nutritional information

Nutritional information	per 100 g		per serving or portion	
	kJ	kcal	kJ	kcal
Energy				
Fat [g]				
of which saturates [g]				
Carbohydrates [g]				
of which sugars [g]				
Fibre [g]				
Protein [g]				
Salt [mg]	50000		550	

Vitamins/Minerals	per 100 g	% ¹	per serving or portion	% ¹
Vitamin D [µg]	227		2,5	
Potassium [mg]	5727		63	
Calcium [mg]	2000		22	
Magnesium [mg]	1000		11	
Sodium [mg]	19546		215	

¹ percentage of recommended daily allowance

Suggested usage

During prolonged physical activity, take one capsule with water every 30-60 minutes. The capsule can also be dissolved in water. For very intense physical activity, take up to 10 capsules daily.

NOTE

Dietary food – only for use during physical activity with strong sweat loss.

Caution

Do not exceed the recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this dietary supplement.

Keep out of the reach of children.