

## How to find the right size for your cycling shoes

The following list helps you find the right size of Solestar Kontrol for your cycling shoes. If you have, for example, Northwave shoes in size 43 you should go for the Kontrol in size 44.

SHOE BRAND	SOLESTAR KONTROL SIZE	COMMENTS
Bont	One size smaller than your shoe size	
Bontrager	Identical to shoe size	
Diadora	Identical to shoe size	
DMT	Identical to shoe size	
Five Ten	Identical to shoe size	
Fizik	One size bigger than your shoe size	
Fox	Identical to shoe size	
Gaerne	Identical to shoe size	
Giro	Identical to shoe size	
Lake	Identical to shoe size	
Louis Garneau	Identical to shoe size	
Mavic	Identical to shoe size	1/3 sizes are rounded down, 2/3 sizes are rounded up
Mavic Freeride/All-Mountain	One size bigger than your shoe size	1/3 sizes are rounded down, 2/3 sizes are rounded up
Northwave	One size bigger than your shoe size	
O'Neal	Identical to shoe size	
Pearl Izumi	Identical to shoe size	
Rapha	One size smaller than your shoe size	
ROSE	Identical to shoe size	
Scott	One size bigger than your shoe size	
Scott Freeride/All-Mountain	Identical to shoe size	
Shimano	One size bigger than your shoe size	
Shimano Freeride/All-Mountain	Identical to shoe size	
SIDI	One size smaller than your shoe size	For models Wire, Draco, Mega choose identical to your shoe size!
Specialized	Identical to shoe size	For model S-Works 6 choose one size larger than your shoe!
Spiuk	- One size bigger for sizes 37, 38, 39 - Identical for sizes 40, 41 - One size smaller for size 42	
Suplest	Identical to shoe size	
Vaude	One size bigger than your shoe size	
Vittoria	Identical to shoe size	